



19th International Symposium of Adapted Physical Activity



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Scientific assistant at the International scientific institute of the National Sports Academy, Sofia, Bulgaria.

Education:

Advanced academic degrees in Coaching sciences with sport profile “Sailing” and Physical Education (NSA, Sofia, Bulgaria); European Master Degree in Adapted Physical Activity (KUL, Leuven, Belgium); Postgraduate Specialisation in Psychomotor Therapy (KUL, Leuven, Belgium);

Work experience:

Qualified sport scientist with specialisation in disability sports. Other areas of research are psychosocial aspects of physical activity, health and fitness, ageing and physical activity, volunteering in sport. Lecturer in adapted physical activity on bachelor and master level and lecturer in psychomotor therapy.

Activities:

Competitive sailor and sailing coach, organiser of adapted water sports camps for children with disabilities, winter sports for children with mental retardation and sailing camps for children with behaviour problems.

Projects experience:

European collaboration projects in education (Erasmus Thematic Networks – THENAPA, THENAPA2, Joint Actions projects, Leonardo da Vinci projects – Eurosport, TSC; Preparatory actions in sport -T4V).

Board member of Special Olympics Bulgaria and national coordinator of Special Olympics university project.