



19th International Symposium of Adapted Physical Activity



Jyrki Vilhu

Jyrki Vilhu is a senior lecturer at Haaga-Helia University of Applied Sciences and the program manager of European University Diploma in Adapted Physical Activity program (EUDAPA) since 2009. EUDAPA is a unique program in Europe on APA. It brings together international students and teachers at the Vierumaki Campus. Each year, approximately 20 international students receive training from 20 international teachers in this program.

Jyrki Vilhu is also a member of the Physical Activity Committee at The Finnish Association for Mental Health since 1993. He has been serving as Finnish National Representative in several European networks (like THENAPA, Sport and Physical Activity for Persons with Disabilities) since 1999. He has taught some courses related to adapted physical activity at the universities in Bulgaria, Czech Republic, Estonia, France, Greece, Ireland, Lithuania and Türkiye.