



## 19<sup>th</sup> International Symposium of Adapted Physical Activity



### **Dr. Cindy Sit**

Dr. Cindy Sit is Associate Professor at the Chinese University of Hong Kong. Her research interests are investigations of participation motivation for physical activity among children with and without disabilities, and environmental characteristics that influence activity levels of children in special schools. She has served on several Editorial Boards including Adapted Physical Activity Quarterly. She is currently the Newsletter Editor of the International Federation of Adapted Physical Activity (IFAPA) and one of the Vice-presidents of the Asian Society for Adapted Physical Education and Exercise (ASAPE). She was awarded the IFAPA/ICSSPE Scholarships in 2007, and was the first Asian recipient of the Young Professional Award in Adapted Physical Activity selected by IFAPA in 2009.